

Nicole Y. Perryman
B.A. (Hons), BSW, M.A. MSW, CPT, RSW
Curriculum Vitae

Professional Highlights

- ❖ Child welfare case management and assessment
- ❖ Trainer & Facilitator
- ❖ Individual, couple and group counselling
- ❖ Clinical supervision and peer support
- ❖ Assessments, custody and access, supervision, reintegration and family assessments, trauma/abuse assessments and risk assessments

Education & Professional Development

- ❖ **Master of Social Work Degree**, University of Windsor ∞January 2015- December 2016
- ❖ **Masters of Arts in Counseling Psychology**, Yorkville University ∞Sept. 09-Jan. 2012
- ❖ **Bachelor of Social Work**, York University ∞September - 2006-June 2010
- ❖ **Bachelor of Arts- Honors Degree**, University of Toronto∞September 1996-June 2000

Employment Experience

Aset Group Consulting and Counselling Services January 2013- Present

- ✓ Managing clinical director and Clinical Social Worker for a private practice organization
- ✓ Developed and delivered individual counselling program specializing in mental health, mental health disorders, mental wellness and solution-focused treatment and interventions.
- ✓ Provide clinical assessments: trauma, custody/access, family access & reintegration, youth, workplace
- ✓ Trainer for caregivers, foster parents, parents
- ✓ Group counselling program facilitator

Blue Hills Child & Family Services *September -December 2016*

- ✓ MSW placement with focus on community development, organizational change, anti-oppressive and cultural competent workplace within children's mental health, and policy change and development.

Durham Family Court Clinic *July 2012-August 2013 & July, 2014-Aug. 2016*

- ✓ Intensive support and supervision specialist for facing a custodial sentence with a mental health diagnosis, by supervising their probation order, providing individual and family therapy on an intensive level, advocating for youth in social service sectors which include connecting with educational, assisting with youth employment, housing, bridging to community service, advocacy with probation officer and police services, connecting with psychiatrist and psychologist.
- ✓ Conduct TAPP-C assessments and reports to review fire safety, awareness and fire setting behavior

Turning Point Youth Services

September 2013-May 2014

- ✓ Clinician for youth and families with mental health difficulties in Ministry-operated residence and in the community

Durham Rape Crisis Center

July 2012-March 2013

- ✓ Clinical counsellor to women survivors of sexual trauma
- ✓ Facilitated a treatment focused trauma based group for women

Branching Out Enhanced Therapeutic Services Inc.

Nov. 2008- July 2013

- ✓ Individual counselling, play therapist and group facilitator for children and youth in residential or foster care due to neglect, trauma by their parents.
- ✓ Family therapist supporting and enhancing parent capacity, attachment, and supervising family visitations.
- ✓ Conducted and developed initial treatment assessments, trauma assessments & psych-social assessment reports.

Tropicana Community Services

November 2008-August 2009

- ✓ Youth worker supporting civic engagement, community development and youth-led projects.

Durham Children's Aid Society

November 2001-November 2008

- ✓ Case manager for children who were in foster care or residential treatment centers providing management of time in child welfare, supervising visitations with parents, preparing court documents and working with a multi-disciplinary team.

York South Association for Community Living

May 2000-May 2002

- ✓ Home supervisor and staff team member for adults with intellectual and developmental challenges in their homes within the community, develop treatment plans, support mental wellness, provided crisis intervention and upheld Ministry requirements.

Bethesda House

June 2001-June 2002

- ✓ Counsellor and advocate for women and children fleeing abusive relationships in a shelter, provide advocacy and resources, informal counselling and supportive link to community resources.

Training & Workshop Courses

- March 30, 2016- *Social Media Training for Youth Involved with the Law*-Laurie McCann; March 7 & 8, 2016- Intensive Support & Supervision Forum (workshops: *SNAP* ® program, *DBT with Special Populations*, *World Café*), March 5-6, 2016- *Dialectical Behavior Therapy Level 1* – Andrew Eklad, PhD, C.Psych; March 1, 2016- *Human Trafficking Training*- Ministry of Children and Youth Services Youth Justice Services Division; February 12, 2016 –*Mindfulness and Acceptance with Families and Children: Focusing on Treating Trauma, ADHD and Depression in Children and Teens* -Diane Gehart PhD, LMFT; March 1, 2016- *Human Trafficking*-Ministry of Children and Youth Services Youth Justice Division (6hours)
- April 27-29, 2015- *Family Group Conferencing Training* – George Hull Center (30 hours); June 4 & 5, 2015-

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- Understanding and Managing Aggressive Behavior (UMAB)- Toronto Hostel Training (16 hours); June 16, 2015- Pharmacology Training- Leading Edge Seminars (6hours); June 25, 2015- FISW Symposium (Human Trafficking Workshop and Trauma-Informed Care) University of Toronto (4hours); October 14, 2015- ATSA Pre-Conference Workshops (Trauma-Informed care & Fetal-Alcohol Spectrum Disorder) (8 hours).*
- December 8-9, 2014- *Violent Threat Assessment- Level II- Kevin Cameron (16 hours); October 29, 2014- Men who Lead- Jackson Katz (8 hours); October 22, 2014- FASD & the Law – David Boulding (8 hours); June 10, 2014- First Aid/CPR Training; May 9-10, 2014- Holistic Arts Healing Conference- workshops included Facilitating Diverse Groups (special emphasis on LGBTQQ community), Emotion-focused Therapy, and Sandplay Therapy (12 hours)*
 - November 6, 2013- *UMAB Training Refresher- Turning Point Youth Services; September 19-21, 2013- Theraplay Level 2- Lorie Walton (24 hours); April 26-27, 2013- Canadian Association for Child and Play Therapy Annual General Meeting: Infusing Resilience-Based Practice with Play Therapy Interventions, Working with Trans or Gender Variant Children and Youth, The Therapeutic Touchstone, Sandtray-Wordplay Therapy with diverse populations (12hrs); March 11, 2013- The Attachment Road Map (5.5hrs)- Mary Rella; February 14 and 15, 2013- Violent Threat Assessment (Kevin Cameron) (16hrs); January 30 and 31, 2013-ASIST Suicide Intervention Course (16hrs); January 21, 2013- Engaging Traumatized Clients (8 hrs)- Robert Muller*
 - November 10, 2012- *Working with Brain-Based Parenting (3 hrs)- Hannah Sun-Reid; April 25-June 5, 2012- Trauma Assessment and Treatment Certificate (40hrs)- Geraldine Crisci*
 - September 20-23, 2011-*Theraplay Level 1 (24hrs)- Lorie Walton*
 - November 5-6, 2010- *Child Parent Relationship Therapy: A Research Based 10-Session Filial Therapy Model (14 hrs)- Dr. Garry Landreth and City of Hope Counseling Center; June 15, 2010- Ethics Part 3 (6hrs)- Dr. Nancy Riedel-Bowers and CACPT; March 10, 2010- Nonviolent Crisis Intervention- Mike Murphy;*
 - October 26, 2009- *Living with and Healing Attachment Troubled Children: For Residential, Group, Foster Home Settings- Annette Kussin*
 - June 21, 2008- *Psycho-Physiology of Trauma (6hrs)- B. Desjardins and the National Institute for Trauma and Loss in Children; June 14-15, 2008-Trauma Intervention with Kids In Care and Art and Play Intervention(12hrs)-Dr. Betty Bedard Bidwell and the National Institute for Trauma and Loss in Children, May 25, 2008- Trauma Debriefing (6hrs)- B. Dorrington and B. Desjardins and the National Institute for Trauma and Loss in Children; May 24, 2008- Crisis Intervention- B. Dorrington and B. Desjardins and the National Institute for Trauma and Loss in Children; April 27, 2008- Structured Sensory Interventions (6hrs)-M. McHenry and the National Institute for Trauma and Loss in Children; April 26, 2008- Children of Trauma (6hrs)- M. McHenry and the National Institute for Trauma and Loss in Children*
 - May 28-June 8, 2007- *Intermediate Play Therapy Certificate Program Level II-Canadian Association for Child and Play Therapy*
 - September 19, 2006- *Dyadic Developmental Psychotherapy: Attachment-Focused Psychotherapy and Parenting (6hrs)- Daniel Hughes, Ph.D.; May 15-May 26, 2006- Introductory Play Therapy Certificate Program Level 1- Canadian Association for Child and Play Therapy; 2006, 2004, 2003-Understanding and Managing Aggressive Behavior-Hy-Ancement Group*
 - November 23, 2005- *Interventions to Increase Parental Effectiveness- Ontario Association of Children's Aid Societies; November 8, 2005- Interviewing Children- Ontario Association of Children's Aid Societies; October 11, 2005- Identifying and Responding to Child Maltreatment Part 1, 2- Ontario Association of Children's Aid Societies; September 27, 2005- The Impact of Maltreatment Upon Growth and Development-Part 1&2- Ontario Association of Children's Aid Societies*
 - June 7, 2004- *Structural Dissociation: An Integrated Approach to Chronic Trauma (6hrs)- Kathy Steele and Hincks-Dellcrest-Gail Appel Institute; June 8, 2004- Dependency Issues in the Treatment of Trauma-Related Disorders (6hrs)- Kathy Steele and Hincks-Dellcrest-Gail Appel Institute; 2004- (Workshop courses): Demystifying FASD Substance Abuse in Pregnancy; Treatment of Chronic Trauma; Working as Team for*

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- Children; Complexity of Trauma; Hair Follicle Testing- Various Presenters*
- 2003- (Workshop Courses): *Attachment (Diane Benoit-Hospital for Sick Children); Youth Criminal Justice Act; Eating Disorder Clinic; Normal Development and Effects of Trauma; Empowering Adolescent Girls; Bullying and Peer Abuse; LEAPS-Part 2; Permanency Planning Training-Variou Presenters*
 - June 10-11, 2002-*Treating the Aftermath of Sexual Abuse- Treatment Foster Care Program for the Children's Aid Societies of Durham, Kawartha-Haliburton, and Northumberland; February 5, 2002-Dealing with Difficult Children (6hrs)- Dr. Timothy Quek and Life Change*

Volunteer Experience

OASW- Annual Conference- Poster Presentation- November 2016

Freelance Blog Writer/Developer-August 2013 to Present- Provide regular submissions to:
www.nicoleperryman.wordpress.com and www.asetgroupcc.wordpress.com

Congress of Black Women- Ajax-Pickering Chapter- Committee Member- January 2016
Member of committee focused on supporting Black women and their families.

Student-Led Conference @ Dalla Lana School of Public Health –University of Toronto- Abstract Submission-Improving Outcomes for African-Canadian Youth in Child Welfare –*October 23, 2015*

Presented a poster presentation on improving outcomes for African-Canadian youth in child welfare, highlighting interventions such as narrative therapy, family group conferencing, and holistic interventions to support better outcomes.

Panel Moderator (Law Union Conference) June 9, 2015- Topic: Overrepresentation of Black youth in school disciplinary programs, child welfare and youth justice.

One Vision One Voice- September 2015 to January 2017- Steering Committee member to develop practice framework for Black youth in care.

Excellence Conference- (annual) October 2015 & 2016

The Excellence conference is a program for African-Canadian youth to connect with and meet with African-Canadian mentors and leaders within a variety of professions.

Trent University Practicum Advisory Committee- January 2015 to Present
Member of advisory committee to build field practicum placements.

Ontario Association of Social Workers (Durham-Kawartha Branch)- December 2014-
Board of Directors

Canadian Association for Child and Play Therapy- April 2013 to June 2017-Board of Directors (Certification Committee Chair)

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Ontario Association for Children's Aid Society Youth Can Conference-August 19, 2010&August 24, 2011-*Speaker*-; Co-facilitated workshops on Girl Talk (self-esteem, foster care awareness, bullying)

Girls Inc. of Durham (Teen-Mom program)- 2006-2008- *Mentor*; Mentor for a youth and her baby; engage in community activities and informal counseling and support.

REFERENCES AVAILABLE UPON REQUEST

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